

THE VIAL OF LIFE

Neighbors Helping Neighbors Live Safe & Secure

**Provided by AGING & INDEPENDENT SERVICES
1-800-510-2020**

In Oaks North, where people are VERY reluctant to share personal information with ANYONE, we are handing out the Vial of Life for every resident. It is a form that each person fills out with all of their information about contacts, doctors, insurance, meds, allergies, and special circumstances. We ask them to update it every six months.

It serves four very good purposes:

- 1. Placed on their refrigerator for any rescue personnel or EMT or neighbor buddy or family member to access in an emergency.**
- 2. They take it with them when evacuating, thereby having all of the important information on their person if they should need it.**
- 3. If they go on vacation or out of town, they take it with them. That way they have it in the event of any emergency.**
- 4. No one has to know their private information until it is absolutely necessary and it is all available if the person is unable to speak.**

To obtain multiple copies contact:

**Marty Dare 858-505-6300 – Aging & Independent Services 9335 Hazard Way,
San Diego, CA 92123.**