

LIVING SAFE & SECURE—A SELF CHECK

Check your knowledge of important Crime Prevention strategies and your Emergency Disaster READINESS. The RB Neighborhood Watch motto is Neighbors Helping Neighbors Live Safe and Secure. How are you living?

<u>Crime Prevention Knowledge/Strategies:</u>	True	False
1. According to Crime Watch statistics, most RB crimes involve ungaraged vehicles.	T	F
2. You are registered with eWatch, an online service that gives subscribers information on crimes in San Diego.	T	F
3. RB Neighborhood Watch has a web site you visit on a weekly/monthly basis.	T	F
4. You know the name, address, phone of your NHW Block Captain or “Buddy”.	T	F
5. You know where to get a copy of the monthly CRIME WATCH prepared by the RB NHW Crime Statistician.	T	F
6. You know the SD Police Department’s NON-EMERGENCY NUMBER TO CALL if someone has broken into your home <u>and is no longer there</u> .	T	F
7. You have attended 2 Block Captain or Area Coordinator meetings this year.	T	F
8. August 4, 2009 is a <u>nationally recognized date</u> for Crime Prevention Awareness.	T	F
9. The NHW office is located in the library, 2 nd floor and has a wealth of information available to NHW volunteers	T	F
10. You have shared information about Crime Prevention with a neighbor this year.	T	F
11. If you have an attached garage, the door between the garage and the house should be locked—even when home during the day and not working in the garage.	T	F
12. Your car doesn’t need to be locked if it’s in your driveway and you are home.	T	F
13. A trusted neighbor has the key to your home.	T	F
14. You submitted an article on Crime Prevention or EPP for publication in your Home Owner Association or Community Center newsletter.	T	F

Emergency Disaster Readiness:

15. You know two neighbors that you can depend on for help during a disaster.	T	F
16. Telephone land lines are automatically registered with ALERT SAN DIEGO to get <u>emergency disaster alert</u> calls.	T	F
17. NHW Block Captains should <u>tell neighbors to evacuate</u> even when there has been no mandate by the police department to do so.	T	F
18. To register your cell phone with <u>Alert San Diego</u> you must go online to do so.	T	F
19. If an earthquake occurred RIGHT NOW, you know what to do.	T	F
20. Your smoke detector works because batteries were changed in the last 6 months.	T	F
21. You have 3-5 days of non-perishable food & water at home for people & pets.	T	F
22. You have a Grab & Go bag ready with clothes, money, important papers and extra medications if you have only 5-10 minutes to evacuate.	T	F
23. You have helped a “special needs” neighbor prepare for emergencies.	T	F
24. Your family knows who to call outside of California to learn how you are, should a disaster occur and telephone lines are jammed.	T	F
25. You plan to complete the information in YOUR VIAL OF LIFE tonight.	T	F
26. You have a Car Survival kit ready to use, if needed in the next 60 minutes.	T	F
27. The 2008 California Shakeout drill in High Country West tested the Emergency Disaster Alert System for earthquake preparedness.	T	F

Over Please.....

May 16, 2009 NHW Training Event

SPEAKER GUIDE
What Do You Already Know?

1. The two prime goals of RB Neighborhood Watch are
A. _____ B. _____
2. The Rancho Bernardo Neighborhood Watch web site is: www.rb_____
3. What car, make and model are stolen most from Rancho Bernardo _____
4. What communication occurs at the Office of Emergency Services (OES) Command Center that most affects you when a disaster occurs?

5. During a major disaster, volunteers must take care of who first _____
Second _____ if time permits _____.
6. The most important role NHW volunteers have is to assist neighbors to become INFORMED and _____ before disasters occur.
7. EVACUATION is a personal choice unless mandated by the _____ Department
8. The RB Emergency Disaster Alert System, via phone, contacts what NHW leaders when imminent danger is determined? District Coordinators, Area Coordinators and _____
9. A Neighborhood Buddy is not a Block Captain but someone who _____
10. NATIONAL NIGHT OUT, the first Tuesday in August is a nationally recognized event when people in neighborhoods meet for CRIME _____ AWARENESS.
11. After the Southern California Shake Out event in 2008, some folks in District G, High Country West, organized an After Shock drill. People who participated put a _____ or door hanger on their front door knob to indicate they were _____.
12. The next California Shake Out Drill is scheduled for October 15, _____.
13. Project BE PREPARED—DON'T BE SCARED has focused on helping RB senior citizens PROTECT _____ and their _____.
14. Senior citizens and other “special needs” populations in RB can be assisted by NHW volunteers by: _____

_____. OVER PLEASE...