

EMERGENCY PREPAREDNESS

CAR SURVIVAL KIT:

- 1. Water—change every 6 months**
- 2. Canned or dehydrated food (easy open tabs) or can opener snack bars**
- 3. First-aid book/handbook**
- 4. Personal hygiene items for ladies**
- 5. Blanket or sleeping bag**
- 6. Flashlight—spare batteries—rotate batteries**
- 7. Tools—Fire Extinguisher**
- 8. Plastic trash bags, tissue**
- 9. Sturdy shoes—socks**
- 10. Extra clothing, including underwear—gloves, coat, etc.**
- 11. Cap or other hat**
- 12. Umbrella**
- 13. Matches—candles**
- 14. Critical medications**
- 15. Flares**
- 16. Road Map**
- 17. Zip lock bags of varying sizes**
- 18. Note pad—pen—pencil**
- 19. Books (s) for reading**
- 20. Handy Wipes**
- 21. Toilet paper**
- 22. Car games for kids**
- 23. All purpose pocket knife**
- 24. Hand gel sanitizer**
- 25. Battery-operated radio**
- 26. Compass**
- 27. Disposable lighters**
- 28. Ground pad for insulation from cold**
- 29. Backpack**
- 30. Sleeping Bag**

THINK OF OTHER PERSONAL ITEMS YOU & FAMILY MAY NEED TO TAKE: pillow, Cds, personal identification papers, banking information, insurance papers, healthcare info, etc.